

# ZOLL®

## Arrhythmia Management System



PATIENT INFORMATION

Cardiac Monitoring to  
Help Inform Your Care Plan

# ZOLL Arrhythmia Management System

## Patient Information

### **Why Do I Need to Wear the ZOLL® Arrhythmia Management System (AMS)?**

Your doctor has prescribed ZOLL AMS for you to understand more about your heart. Abnormal heartbeats, and other symptoms, may not occur regularly so they are not always present while you are at an office visit. In other cases, the abnormal heartbeats may not produce any symptoms, but their detection and treatment are important to your overall health.

ZOLL AMS is a cardiac monitor that is worn continuously for up to 30 days, while you do your normal activities. ZOLL AMS will provide your doctor with recordings of your heart rhythm and other health information, such as heart rate, breathing, sleep status and activity level. Your doctor may use this information to treat your condition.

### **How Does It Work?**

ZOLL AMS is a portable, battery-operated device that continuously records your heart's rhythm and automatically sends the information to your doctor. Once you begin wearing ZOLL AMS, it records and sends information to your doctor, without any action from you.

If you begin to feel any type of symptoms such as a fast heartbeat, out of breath, faintness or dizziness, etc. you will click on the Gateway device and choose the most accurate descriptive symptom on the screen. You can then also choose your activity level at this time. (Complete instructions are available in the ZOLL AMS *Quick Start Guide*.)



## How and When do I Start Wearing my ZOLL AMS?

After your doctor prescribes the ZOLL AMS, you will receive a package in the mail containing the monitor and other parts.

You will then receive a phone call from our Professional Services Department from the (412) area code, so please answer this important call. This person will assist you in setting up your ZOLL AMS.

Detailed instructions will be shipped with the ZOLL AMS. Follow the *Quick Start Guide* for easy setup, and refer to the *User Manual* for more information.

## Questions?

If you have any questions about setting up the device or would like additional assistance, please call ZOLL Cardiac Diagnostics toll-free, 24 hours a day, 7 days a week at **1.888.592.3798**.



The ZOLL Gateway is a Smartphone-sized device that you will carry with you while wearing ZOLL AMS.

Contact **ZOLL**  
24 hours a day, 7 days a week



For ZOLL Cardiac Diagnostics support, please call **888.592.3798**



For more information on ZOLL Cardiac Diagnostics, please email **[CardiacDiagnostics@zoll.com](mailto:CardiacDiagnostics@zoll.com)**

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